

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

SEPTEMBER 2026 LUNCH

MENU

NOTE: 1% MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD are served with LUNCH DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	09/01	09/02	09/03	09/04
	Peanut Butter & Jelly Sandwiches, Fruit Cups, Carrot & Celery Sticks W/ Ranch Dressing, Milk & Water	Chicken Patty Sandwich, W/ Lettuce, Tomato, Green Beans, Mac & Cheese, Milk & Water	Beef Hot Dogs, Pasta Salad, WW Rolls, Watermelon Milk & Water	Cheeseburgers, LTM, French Fries, Baked Beans, Watermelon, Milk & Water
09/07	09/08	09/09	09/10	09/11
CLOSED HAPPY LABOR DAY	Hamburger & Potato Ranch Au Gratin Casserole, Corn, WW Rolls, Milk & Water	Philly Cheese Steak Subs W/ Green Peppers & Onions, oven fried potatoes, Watermelon, Milk & Water	Ham & Cheese Sliders, Green Beans, French Fries, Milk & Water	Fish Sandwiches on WW Rolls, Hush Puppies, Coleslaw, Fruit Cocktail, Milk & Water
09/14	09/15	09/16	09/17	09/18
Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	Chicken Casserole, Asparagus, WW rolls, Pears, Milk & Water	Beef Chili Beans, Corn, Cornbread, Milk & Water	Chicken Salad Sandwich on WW bread, Macaroni Salad W tomatoes, cucumber, shredded cheese, Peas, Milk & Water	Spaghetti W/ Beef meat sauce, Side Salad (Lettuce, Tomato, Cucumber,) Choice of Dressing, French Bread, Milk & Water
09/21	09/22	09/23	09/24	09/25
Loaded baked potatoes w/ Chili, Sour Cream, Cheese, Bacon and Chives, Texas Toast, Peaches Milk & Water	BBQ Pork Mac & Cheese Bowl, Corn, Grapes and strawberries Milk & Water	BLT sandwich on WW bread, Oven Fried Potatoes, pears, Milk & Water	Hamburger Steak, Mashed Potatoes, Green Beans, WW Rolls, Milk & Water	Chicken Nuggets, Sweet Potatoes, Corn, WW Rolls, Oranges, Milk & Water

09/28	09/29	09/30		
Chicken Fried Rice (chicken, rice, peas, carrots), eggs, Rolls, Fruit Cocktail, Water & Milk	Club Sandwiches on WW bread, Potato Salad W/ Green Pepper, Onion, Mayo, Apples, Milk & Water	Grilled Ham & Cheese Sandwiches, Tater Tots, Peas, Milk & Water		