

Adult Care Center of Roanoke Valley

Activity Calendar October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Meals (See attached menu) 8:45 AM-Breakfast 12 Noon – Lunch 2:30 PM – Snack Daily Alternative: We have several alternate activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages	The Caregiver's Support Group is held on the 2nd Tuesday of every month! Save the date of Tuesday, October 13th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.		1 10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Services 11:30 Exercise 1:00 Exercise 1:30 Golf/Corn Hole 3:00 Movie: Soul Surfer 3:00 Nails 5:00 Person Centered	2 10:00 Pledge Allegiance 10:05 Current Events 10:30 Mixed-Up Mystery 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: The Last House 5:00 Person Centered

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5 10:00 Pledge Allegiance 10:05 Current Events 10:30 Tunes Categories 11:30 Exercise 1:00 Exercise 1:30 Balloon Volleyball 3:00 Movie: Anaconda 5:00 Person Centered	6 10:00 Pledge Allegiance 10:05 Current Events 10:30 Catch Phrase 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: White Chicks 5:30 Person Centered	7 10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mtn Zoo 11:30 Exercise 1:00 Exercise 1:30 Hangman 3:00 Movie: The Other Guys 5:00 Person Centered	8 10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Services 11:30 Exercise 1:00 Exercise 1:30 Crafts 3:00 Movie: Countdown 3:00 Nails 5:00 Person Centered	9 10:00 Pledge Allegiance 10:05 Current Events 10:30 Beatles music 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Liar Liar 5:00 Person Centered John Lennon Day
Monday	Tuesday	Wednesday	Thursday	Friday
12 10:00 Pledge Allegiance 10:05 Current Events 10:30 Columbus Ships 11:30 Exercises 1:00 Exercise 1:30 Catch Phrase 2:00 Easy Pickins Band 3:00 Movie: Walk. Ride. Rodeo. 5:00 Person Centered	13 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercises 1:00 Exercise 1:30 Noodle Ball 3:00 Movie: The Benchwarmers 5:30 Person Centered	14 10:00 Pledge Allegiance 10:05 Current Events 10:15 Scenic Bus Ride 11:00 Ring Toss 11:30 Exercise 1:00 Exercise 1:30 Target practice 3:00 Movie: The Ridiculous 5:00 Person Centered	15 10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Movie: Ride Along 3:00 Nails 5:30 Person Centered	16 10:00 Pledge Allegiance 10:05 Current Events 10:30 Win lose or draw 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Madea's Destination Wedding 5:00 Person Centered

Monday	Tuesday	Wednesday	Thursday	Friday
19 10:00 Pledge Allegiance 10:05 Current events 10:30 Virtual Field Trip/Magic Kingdom 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Yes Day 5:00 Person Centered	20 10:00 Pledge Allegiance 10:05 Current Events 10:30 Word Search 11:30 Exercise 1:00 Exercise 2:00 Exercise 3:00 Movie: Are We Done Yet 5:00 Person Centered	21 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Exercise 1:30 Name That Tune 3:00 Movie: The Impossible 5:00 Person Centered	22 10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Karaoke 3:00 Nails 3:00 Movie: The Adam Project 5:00 Person Centered	23 10:00 Pledge Allegiance 10:05 Current Events 10:30 Seated Soccer 11:00 Marc Baskins 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Rim of The World 5:00 Person Centered
Monday	Tuesday	Wednesday	Thursday	Friday
26 10:00 Pledge Allegiance 10:05 Current Events 10:30 Parachute Ball 11:00 Random Trivia 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Troll 5:00 Person Centered	27 10:00 Pledge Allegiance 10:05 Current Events 10:30 Puzzles 11:30 Exercise 1:00 Keith Campbell 2:00 Exercise 3:00 Movie: The Benchwarmers 5:00 Person Centered	28 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Joe Bass 2:00 Exercise 3:00 Movie: You Gotta Believe 5:00 Person Centered	29 10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Exercises 1:30 Crafts 3:00 Nails 3:00 Movie: Home Team 5:00 Person Centered	30 10:00 Pledge Allegiance 10:05 Current events 10:30 Exercise 11:00 Mark Baskins 1:00 Exercise 1:30 Bingo 3:00 Movie: Hubie Halloween 5:00 Person Centered Spooktacular Costume Day!