

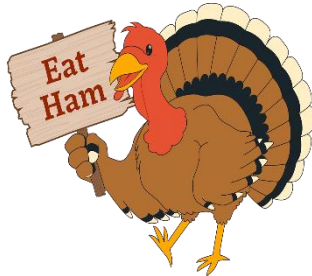
Adult Care Center of Roanoke Valley

Activity Calendar November 2026

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meals (See attached menu) 8:45 AM – Breakfast 12 Noon – Lunch 2:30 PM – Snack</p> <hr/> <p>Daily Alternative: Every day we have several activities available for our participants who would like to do something other than what is on the calendar. They include Person Centered Activities, Board Games, Checkers, Puzzles, Card Games, Small Crafts, and Coloring Pages</p>	<p>The Caregivers' Support Group is held on the 2nd Tuesday of every month! Save the date of Tuesday, November 10th 1:30 – 3 pm. Held at ACCRV Conference Room. Contact Pam Phipps if you have any questions.</p>			

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
10:00 Pledge Allegiance 10:05 Current Events 10:30 Catch Phrase 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Countdown 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Golf/ Corn Hole 11:30 Exercise 1:00 Exercise 1:30 Crafts 3:00 Movie: Damsel 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Mill Mountain Zoo 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: We Have a Ghost 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Hover Soccer 3:00 Nails 3:00 Movie: Good Sam 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Win Lose or Draw 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Safe Haven 5:00 Person Centered
Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
10:00 Pledge Allegiance 10:05 Current Events 10:30 Wacky Wordies 11:30 Exercise 1:00 Exercise 1:30 Target Practice 3:00 Movie: Red Notice 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Hangman 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Love at First Sight 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Track & Field 11:30 Exercise 1:00 Exercise 1:30 American Sing-Along (Karaoke) 3:00 Movie: Purple Hearts 5:00 Person Centered <div style="text-align: center;"> Veterans Day  </div>	10:00 Pledge Allegiance 10:05 Current events 10:30 Church Service 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Nails 3:00 Movie: All Together Now 5:00 Person Centered	10:00 Pledge Allegiance 10:05 Current Events 10:30 Scenic Bus Ride 10:30 Virtual tour MT Rushmore 11:30 Exercise 1:00 Exercise 1:30 Catch phrase 3:00 Movie: 42 5:00 Person Centered

Monday	Tuesday	Wednesday	Thursday	Friday
16 10:00 Pledge Allegiance 10:05 Current events 10:30 Win Lose or Draw 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Forgotten Love 5:00 Person Centered	17 10:00 Pledge Allegiance 10:05 Current Events 10:30 Crafts 11:00 Marc Baskins 11:30 Exercise 1:00 Exercise 1:30 Hover Soccer 3:00 Movie: True Spirit 5:00 Person Centered	18 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Exercise 1:30 Hangman 3:00 Movie: Senior Year 5:00 Person Centered	19 10:00 Pledge Allegiance 10:05 Current Events 10:30 Church Service 11:30 Exercise 1:00 Saxy Keys 2:00 Exercise 3:00 Nails 3:00 Movie: Worth 5:00 Person Centered	20 10:00 Pledge Allegiance 10:05 Current Events 10:30 Exercise 11:00 Easy Pickens 1:00 Exercise 1:30 Person Centered 3:00 Movie: Dog Gone 5:00 Person Centered Thanksgiving Luncheon
Monday	Tuesday	Wednesday	Thursday	Friday
23 10:00 Pledge Allegiance 10:05 Current Events 10:30 Target Practice 11:30 Exercise 1:00 Exercise 1:30 Bingo 3:00 Movie: Don't Say Good Luck 5:00 Person Centered	24 10:00 Pledge Allegiance 10:05 Current Events 10:30 Hangman 11:30 Exercise 1:00 Keith Campbell 2:00 Exercise 3:00 Movie: Ordinary Angela 5:00 Person Centered	25 10:00 Pledge Allegiance 10:05 Current Events 10:30 Bingo 11:30 Exercise 1:00 Joe Bass 2:00 Exercise 3:00 Movie: Red Notice 5:00 Person Centered	26 Closed 	27 Closed 

<div>30</div> <div><div>10:00 Pledge Allegiance</div><div>10:05 Current Events</div><div>10:30 Karaoke</div><div>11:30 Exercise</div><div>1:00 Exercise</div><div>1:30 Win Lose or Draw</div><div>3:00 Movie: Lift</div><div>5:00 Person Centered</div></div>				
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