

ADULT CARE CENTER OF ROANOKE VALLEY
 2321 Roanoke Boulevard, Salem Virginia
 Phone – 540-981-2350 Fax - 540-981-2353

NOVEMBER 2026 LUNCH MENU

NOTE: **MILK, WATER, TEA, COFFEE AND WHOLE GRAIN BREAD** are served with **LUNCH DAILY**

Monday	Tuesday	Wednesday	Thursday	Friday
11/02	11/03	11/04	11/05	11/06
Chicken Tortilla Soup, Mexican Cornbread, Peaches, Milk & Water	Chicken, Rice & Broccoli Casserole, corn, WW Rolls Milk & Water	Tomato Soup, Grilled Cheese Sandwiches on WW Bread, Banana Pudding, Milk & Water	Open faced Roast Beef Sandwich, Mashed Potatoes, Gravy, Corn, WW Bread, Milk & Water	Chicken Sandwich on WW Roll, W/ LTM, Pasta Salad, Pineapples, Milk & Water
11/09	11/10	11/11	11/12	11/13
Potato Soup, Turkey & Cheese Sandwiches on WW bread, Peaches, Milk & Water	Opened Faced Turkey Sandwich, Mashed Potatoes, Green Beans,	Pulled Pork Sandwich, Cheesy Potatoes, Green Beans, Milk & Water HAPPY VETERANS DAY	Salad w/Grilled Chicken, assorted Dressings, Bread Sticks, Pears, Milk & Water	Beef Chili, Corn Bread Pumpkin Cookies & Milk & Water
11/16	11/17	11/18	11/19	11/20
Hot Dogs, Baked Beans, Mac & Cheese, mango cups, Milk & Water	Walking Taco in a Bowl Doritos, Ground beef, lettuce, tomatoes, cheese, sour cream, onions, salsa, Oranges, Milk & water	Egg Roll in a Bowl (Seasoned turkey meat, cabbage, carrots, wonton strips), Apple Cider Donut Cake, WW rolls, Milk & Water	Pepperoni or Cheese Pizza, Cheese Sticks, Corn and Chocolate Cake Milk & Water	Thanksgiving Lunch Turkey/Ham, Mashed Potatoes, Gravy, Stuffing, Sweet Potato Casserole, Green Beans, WW Rolls, Assorted Pies, Milk, Water, Iced Tea
11/23	11/24	11/25	11/26	11/27
Loaded baked potatoes w/ Chili, Sour Cream, Cheese and Chives, Texas Toast, Peaches Milk & Water	Chicken Tacos W/ Lettuce, Tomato, Cheese, Sour Cream, Spanish Rice, Pineapple Milk & Water	Sloppy Joes, French Fries, Cole Slaw, Pears, Milk & Water	CLOSED HAPPY THANKSGIVING	CLOSED HAPPY THANKSGIVING

11/30				
Chicken Nuggets, Mashed Potatoes, Corn, WW Rolls, Oranges Milk & Water				